

## **BROWN EMERGENCY MEDICINE CDU CASE MANAGEMENT CONSULTATION PATHWAY**

**Purpose:** To safely manage patients with a need for case management facilitated disposition from the emergency department.

### **CDU Admission Eligibility Criteria:**

- A need for case management in order to facilitate disposition

### **CDU Exclusion Criteria:**

- Vital Signs:
  - Temperature > 100.4 F
  - Systolic Blood Pressure <90 mmHg
  - Persistent tachycardia, HR >110
  - RR>30
  - Pulse Oximetry < 92% on room air
- Active infectious illness that would necessitate admission on it's own
- Poorly managed pain of any etiology
- Concurrent medical problem requiring admission
- Any condition found on the "CDU Universal Exclusion Criteria" list
- Requiring more assistance for ADLs than the CDU is capable of safely providing (one assist/patient for units with 5:1 maximum staff:patient ratio and no assists for units with >5:1 maximum staff:patient ratio)
- Patient has psychiatric illness in acute distress. A chronic psychiatric illness that is stable is not excluded unless admitted on a Friday, Saturday or day preceding a holiday due to PASRR requirement for mental illness or intellectual disability. The state must approve of the transfer for patient and staff safety at the new facility and this is only done on business days.
- Unlikely discharge within 48 hrs (ED attending discretion)

### **Example of a typical pathway admission**

- 80-year-old patient with new wrist fracture from a mechanical fall who was previously able to ambulate with walker. Now unable to ambulate safely and requires placement. Case management is unable to place until the following morning. Pain is well controlled, and the patient has no additional acute medical issues or serious traumatic injuries. This patient may be admitted to the CDU Case Management pathway.
- 75-year-old patient who was evaluated for a traumatic subarachnoid hemorrhage who can ambulate independently, but you don't feel safe discharging at 3am and would want case management to have a home safety evaluation ordered for them.

Last update: 12/18/22, EEG

## **CASE MANAGEMENT PATHWAY (MANAGEMENT PATHWAY)**

### **Pre-observation unit evaluation should include:**

1. Appropriate medical/trauma evaluation
2. Case Management Consultation
  - a. Ie. Should a patient be evaluated and require placement into a nursing facility

but

case management is unable to place until the following day, they may be admitted to

this pathway.

3. Patients admitted to this pathway must have a documented observation plan including plan

For disposition prior to being moved to the CDU.

### **Clinical Decision Unit interventions may include:**

1. Serial vital signs
2. Home medications
3. Pain medications as required (patient must have well controlled pain)

### **Indications for hospital admission while under observation:**

1. Newly and persistently abnormal vital signs
2. Need for additional medical workup and treatment
3. Inability to be discharged within 48 hours

### **Discharge Plan:**

1. Case Management consultation
2. Prescription as required