

# **CRITERIA FOR INPATIENT DETOX REFERRALS**

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***\*Please determine the following before calling PES (cell 255-7198 or Dpod at 4 x 3640) to request a consult for a patient that is asking for inpatient substance abuse detox.\****

**1) Does the patient have a BAL or Breathalyzer of 100 or below? \_\_\_\_\_**

-If not please wait and reassess the pt for motivation toward inpatient detox when they are 100 or below.

\*Until the pt's ETOH level is under 100, the consult is not indicated. Please do not put the PES Consult until the referral has been accepted by the Resident or Attending working in the Dpod.\*

**2) What substance/ substances is the patient looking to detox from? \_\_\_\_\_**

-The **ONLY** substances that **REQUIRE** inpatient detox are **ETOH, BENZO's** (Ativan, Xanax, Valium, Klonopin, etc), and **OPIATES** (heroin, prescription opiates, methadone or suboxone). No other substance use will qualify a pt for inpatient detox.

\*If pt is not using any of these 3 substances, they will not meet criteria or be accepted by any inpatient detox facility and therefore, a PES Consult for Detox is not indicated\*

**3) How MUCH of the substance is the pt using and HOW OFTEN? \_\_\_\_\_**

-For ETOH use, the pt **MUST** be drinking **DAILY FOR AT LEAST THE PAST 7 DAYS**

-For BENZO's, the pt must be using **DAILY FOR AT LEAST THE PAST 1 MONTH**

-For OPIATES, the pt must be using **DAILY FOR AT LEAST THE PAST 14 DAYS**

\*If they do not meet these minimum length of use standards, they will not be accepted at any inpatient detox facility and therefore, a PES Consult for Detox is not indicated\*

**4) When is the last time pt was admitted (stayed for 2-5 days or more) to an inpatient detox unit/ hospital/ CSU/ or Psych Unit where they would have completed a withdrawal protocol with the pt?**

\_\_\_\_\_  
-Days admitted to a facility count as days when pt **WAS NOT USING** any substances. Therefore, if they were just discharged from an inpatient facility (within the past 1 week or even 1 month-see question 3 for specifics), they may **NOT MEET THE ABOVE CRITERIA** for length of use for **RE-ADMISSION** to an inpatient detox facility.

\*If they do not meet these minimum length of use standards, they will not be accepted at any inpatient detox facility and therefore, a PES Consult for Detox is not indicated\*