

## **BROWN EMERGENCY MEDICINE CDU GENERAL ADULT DIAGNOSTIC/TREATMENT PATHWAY**

**Purpose:** To safely manage patients with a need for extended observation care beyond the usual emergency department course at the discretion of the attending physician.

### **CDU Admission Eligibility Criteria:**

- One specific need for CDU admission to facilitate safe disposition. Patients should not have multi-system/social needs that require addressing.
- **Attending physician must complete a note indicating reason for CDU admission, treatment and disposition plan prior to moving the patient to the CDU.**
- To be admitted to the general pathway, the patient must not fit into another defined CDU pathway. If they do meet criteria for another pathway, the intent of those inclusion/exclusion criteria should be respected. The general pathway is not intended to circumvent exclusion criteria.
- The general pathway is not intended to be the “path of least resistance” if another consultation service is involved and is refusing admission.
- Pain as a primary diagnosis is **NOT** eligible for CDU admission at this time (ie. back pain, neck pain, sickle cell pain, extremity pain, etc). This does not apply for the specific pain pathways such as renal colic or chest pain.
- If there are questions, call Dina Himelfarb, 401-533-7089

### **CDU Exclusion Criteria:**

- Vital Signs:
  - Temperature > 100.4 F
  - Systolic Blood Pressure <90 mmHg
  - Persistent tachycardia, HR >110
  - RR>30
  - Pulse Oximetry < 92% on room air
- **Poorly managed pain of any etiology**
- Concurrent medical problem requiring admission
- Any condition found on the “CDU Universal Exclusion Criteria” list
- Requiring more assistance for ADLs than the CDU is capable of safely providing (one assist/patient for units with 5:1 maximum staff:patient ratio and no assists for units with >5:1 maximum staff:patient ratio)
- Unlikely discharge within 24hrs (ED attending discretion)

Last update: 6/10/20, NTH